



A life Skills Award for Young People

The Award is designed to empower children with essential life skills while fostering a deep connection with nature, improve wellbeing, and develop meaningful relationships to create a transformative experience that nurtures happy, confident children.

www.youngbudsaward.com



Practical life skills

Challenges such as cooking, domestic chores, first aid, happiness, and safety awareness are available to prepare children for their future. Wellbeing

Challenges develop friendships, empathy, relaxation techniques, and social-emotional learning to help children build resilience, selfawareness, and positive relationships with themselves and others.

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Nature connection

Children engage in outdoor adventures, learn about their local natural environment, become ECO aware and develop a profound connection and care for our natural world.



The overall aim of the Award is to develop happy, confident children who are ready to thrive!

the natural world.

effective communication skills.

emotional intelligence.

in their personal and academic lives.

- By engaging in this comprehensive life skills award programme children will:
- Develop a strong foundation of practical life skills and problem-solving abilities.
- Foster a deep connection and appreciation for
- Build meaningful relationships, empathy, and
- Cultivate a growth mindset, self-awareness, and
- Gain confidence, resilience, and the tools to thrive

How does it work?

YOUNG BUDS AWARD growing happy confident children	LEVEL 1
CERTIFICATE OF COMPLETION Proudly present to :	
for their dedication and hard to work in completing Level 1 of the t	Young Buds Award
Director Young Buds Award Date:	
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andental	
	growing happy confident children CERTIFICATE OF COMPLETION Proudly present to : for their dedication and hard to work in completing Level 1 of the CMAC Director

children to access the challenges

reflections as evidence.

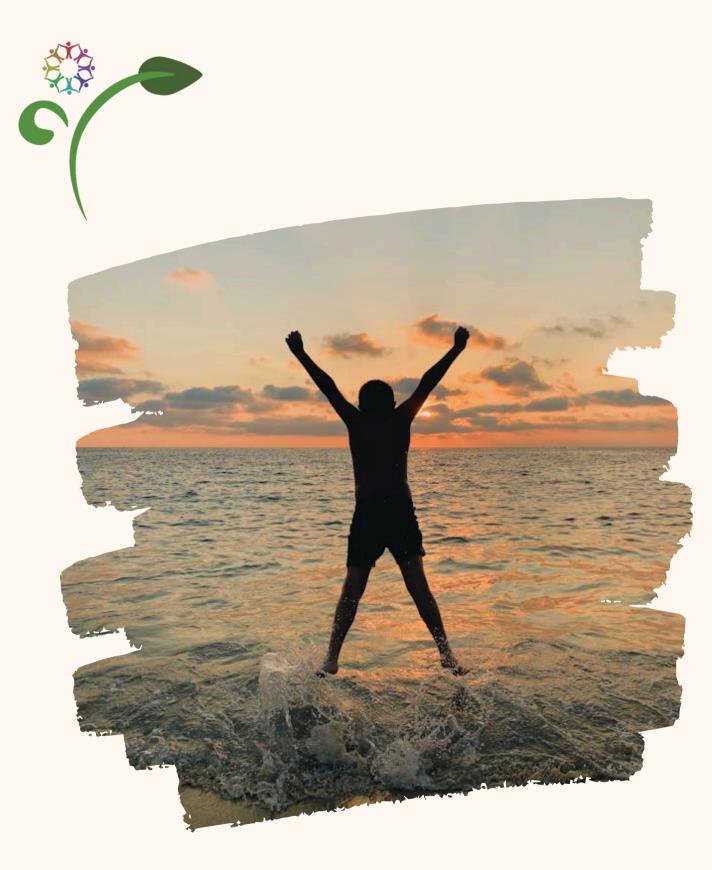
The school "approves" the challenge.

one academič year.

- Children sign up to their age appropriate level.
- Their personal portal will be set up ready for
- Children complete a minimum of 8 out of 10 challenges by submitting photos, videos or text
- The 8 challenges should be completed within
- On completion children receive a certificate and a badge to celebrate their success.

Which level do we join?

Level	Approx age	HK	Year (UK)	Grade (USA)
LEVEL O	4-5	K2	Reception	Pre- Kindergarten
LEVEL 1	5-6	K3	1	Kindergarten
LEVEL 2	6-7	Primary 1	2	Grade 1
LEVEL 3	7-8	Primary 2	3	Grade 2
LEVEL 4	8-9	Primary 3	4	Grade 3
LEVEL 5	9-10	Primary 4	5	Grade 4
LEVEL 6	10-11	Primary 5	6	Grade 5
SENIOR LEVEL	11-13	Primary 6/ Secondary 1	7-8	Grade 6-7



about empowering the next beyond those learned in the classroom.

Visit www.youngbudsaward.com for more information.

- The Young Buds Team are passionate
- generation with skills and abilities

- Thank you for giving this opportunity to your children.